

# SKIING ADULTS & TEENAGERS FROM 15 YRS

## WHICH LEVEL AM I?

## WHICH GROUP SHOULD I BE IN?

I have never put on skis.  
I'm a complete beginner.

**BEGINNER**

I can do easy turns on green or blue slopes  
(snowplough turns bringing skis back to  
the parallel position afterwards).

**LEVEL 1**

I can go down red slopes in parallel turns  
at a steady moderate speed.

**LEVEL 2**

I can go down black slopes at in parallel turns  
at a steady moderate speed.

**LEVEL 3**

I can ski all types of snow and all terrains  
including black slopes and off-piste.

**LEVEL 4**

If your level is full, don't book a different one!



**Arc Aventures**  
Ecole de Ski • Ski School

